

District Dribble

The Newsletter of the Northern District Hockey Association

March 2010

Thanks to our great Sponsors:



Pennant Hills
Bowling Club



Just Hockey

Presidents Piece – Adrian Wilson

president@ndhockey.com.au or 0419 299 808

Welcome to a new and exciting season for the Northern District Hockey Association. I would like to welcome back all players and their families from last year and welcome aboard all our new players and their families.

2010 is looking to be another rewarding year for NDHA as we continue to develop junior players, retain senior players and work towards a future where we will have two turf fields. Last year NDHA enjoyed outstanding success on the field in junior & senior competitions whilst priding ourselves on our family friendly culture. NDHA is all about our family friendly culture, skills development at all levels and the promotion of hockey.

The season will start in the coming weeks and I look forward to catching up with old friends and making many new ones. I urge you to step forward this year and lend a hand as together we can continue the great tradition and success that NDHA has.

Yours in Hockey,
Adrian Wilson



Junior Convener – Katrina Richmond

juniors@ndhockey.com.au or 0403 993 083

A warm welcome to all our new players and families. Welcome back to our existing players and families. Northern District Hockey Association has maintained player numbers in U/11, U/13 and U/15 age groups with 3 teams competing across 2 divisions. We again have 30+ U/9 players that begin skills development sessions on Monday, 22nd March from 6.00-7.00pm. For the first time, our U/9's will compete in a modified competition once a month involving other U/9 players from surrounding clubs. A special thank you to the junior players already involved in the coaching of our U/9 teams. If there are any U/13 or U/15 players who would like to develop their own coaching skills, this program provides an excellent opportunity to do so. Please contact Eileen Tudor or myself by email.

I would like to take this opportunity early in the season to thank the parents who have already volunteered to either manager or coach a team. A club of our size does not continue to grow or function without these dedicated individuals. With this in mind please try to remember that coaching is not an easy task and the coaches are trying their best.

Please respect your coach by:

- attending training and letting your coach know if you are unable to attend.
- making positive comments about their coaching and the team's performance.
- arriving at each match 30 minutes prior to the game. It is important to warm up, get

- goalkeeper gear on, and to establish playing positions and tactics for the game.
- informing your manager(or coach) in advance if you anticipate not being available to make it to a match. There will be times when for various reasons players will be unavailable but if we know, the club will endeavour to have replacement players.
- acknowledging that coaches also have families and commitments outside of their involvement in our club and may occasionally need to put them first.

Our turf at Northern District is an all weather turf. The only reason training or a game will be cancelled is due to lightening or in the event the field floods. For training please use your common sense, if you think it is too wet and cold for your child to train please let your coach/ manager know, otherwise turn up and see if your coach is willing to get wet and train. All games will go ahead regardless of the weather.

If you would like to assist other teams by playing extra games please let me know. I am going to make a list of available players and give it out to each team manager.

We have two weeks of trial matches to complete before beginning the first round of the North Area competition after Easter.

The draw will be finalised during the Easter break and as soon as it is available it will be placed on the club website. Managers will forward a copy of this draw on to all families and will ensure that families are informed of any changes to this draw.

Please keep checking the website for information about the club, including results, draws and up-coming events or news items.

I especially look forward to watching all our juniors become more confident and accomplished hockey players.

Train hard, play hard and have fun.

Katrina Richmond

Mouth Guards and Shin pads



You've paid to play so don't miss out on getting on the field because you forgot your mouth guard or shin pads. Without them you will be a spectator. **THEY**

ALSO NEED TO BE WORN PROPERLY – a mouth guard that is being chewed, popped in and out of the mouth or any other variation other than where it should be doesn't count! **Parents** – please remind your players. A customised moulded and fitted mouthguard from a dentist is easier to keep in place with an open mouth. We have had a special offer from Mike Kim and Phil Burke of Castle Hill Family Dental Practice to provide a fitted mouth guard and children's dental checkup for \$150. Health Fund /HICAPS rebates apply for this too. Contact Mike Kim at the surgery on 9899-1404 Or via the website www.castlehilldentist.com.au

Junior Teams for 2009

U9/Minkey

Contact: Eileen Tudor

Training commences Monday 22nd March 6- 7pm.

U11 Gold

Coach: Brian Doughty

Managers: Michael Clarke & Tracey Nicholls

U11 Blue

Coach: Katrina Richmond

Manager: Kathy Peiris & Sandi Welch

U11 White

Coach: Sean Doughty

Manager: Megan Sandow & Leo Stanton

U13 Gold

Coach: Adrian Wilson

Manager: Rosie Whyte & Janet Nixon

U13 Blue

Coach: Brian Lawrence

Manager: Lynne Emerton & Lesley Thomson

U13 White

Coach: Keith Rogers

Managers: Jodie Reason & Chris Hoffmann

U15 Metro

Coach: Chris Hawkins

Manager: Kay Berriman

U15 Blue

Coach: Charles Devine

Manager: Jo Green & Kerry Jut

U15 White

Coach:

Manager: John Otter

THANK YOU to all our Coaches, Assistant Coaches and Managers!

On the Sideline...

Just a reminder to all parents that Umpires are volunteers and without them there would not be a game. The club will not tolerate parent's abuse of an umpire. Most of our Junior Umpires are still learning and even adults make mistakes. Also remember if a parent is caught abusing an Umpire the captain of that team can be sent from the field for a period of time or the parent can be asked to leave the ground. No one would like to see either of these things happen.



Women's Report:

First of all I would like to extend a big welcome to our Women's players for 2010. Especially to the new women we have joining the ranks this year. Some haven't played for a number of years and others are coming from other clubs, or are coming up the ranks of our juniors. This year the Sydney North Women's Competition has grown with an influx of several teams from the North Shore competition. This is giving us a huge total of 29 teams across 3 divisions. Unfortunately the U18's competition will not be able to go forth again this year and we are hopeful that the younger girls will feel comfortable slotting into the open teams. Due to a drop in numbers from last year, we are uncertain as to whether we will have 4 or 5 women's teams this year. ND1 and ND5 (the Flushes) are the least affected with a healthy number of players already. ND2, ND3 and ND4 may have to be amalgamated into just 2 teams with the movement still to be determined.

The grading for the women's competition with 4 teams is as follows for this year:

- ND1 in Division A coached by Graham Hutton
- ND2 in Division B coached by Chris Jenkins
- ND3 coached by Daniel Johnson
- ND5 (Flushes) in Division C (ND4 would be here too if we get enough players)

Hopefully this dynamic will work well for all our players and we'll have a good season ahead of us. This year we continued the tradition of pre-season trial games against Manly. There were 3 games held on the 14th March at Pennant Hills Park between 12:30 – 5pm. They provided a good platform for the teams going into the season. Training for 2010 will be on Monday nights between 7pm – 8:30pm. Please try and warm up before 7pm so we don't waste our precious turf time. The season is due to start at the end of March and there will be approximately 5 weeks of breaks

throughout the year for various public holidays and major hockey weekends. The draw will be distributed soon.

If anyone is interested or potentially available to do some women's umpiring, please call Sarah Bell on 0402 443 409. We have unfortunately lost one of our main 1st division umpires to a uni thesis and many others have time clashes making them unavailable.

Lastly and most importantly, please make sure you get your registrations in so we can get our teams sorted out!

I look forward to seeing you all out there on the pitch.

Sarah Bell
Women's Umpiring Convenor
& Acting Women's Convenor for Julie Osborne

Club Uniform update

Club playing shorts (junior sizes) are expected to arrive late this week & will hopefully be available for sale this Saturday from the Canteen.

Ladies playing shorts & tops have also been ordered, however due to a dye-colour error, the suppliers has had to re-print the entire order & they will not be available until after the Easter school holidays.

Club Merchandise

Club caps, t-shirts, shorts, socks, beanies and fleecy jumpers are available from the canteen. Those Friday nights on the sideline can get cold – dress warmly and support your team!



Umpiring

Are you interested in becoming a fully qualified umpire? Our umpire ranks have improved substantially over the last few years but we definitely need more. If you are interested then contact Larry at mahertian@yahoo.com.au or 0439968701.



Ice Bags

Ice bags for injuries are now kept in the freezer in the dugout on the far side of the field.



Executive Committee

Patron		
President	Adrian Wilson	0419 299 808
Vice President	Graham Hutton	0419 268 628
Vice President	Robert Nicoll	0438 119 729
Turf/SF Treasurer	Gary Prowse	0401 992 520
Club Treasurer	Michael Clarke	0401 992 520
Secretary	Meredith Peterson	0412 040 056
Junior Convener	Katrina Richmond	0403 992 083
U9/Minkey	Eileen Tudor	0402 127 763
Equipment Officers	Charles Devine & Jo Green	0402 060 281 0407 011 842
Umpiring Convener	Larry Maher	0439 968 701
Turf Convener	Pat McCabe	0407 911 124
Club Capt.-Women's	Anne Boyle	0410 559 506
Women's Convener	Julie Osborne	0405 542 022
Women's Umpire Convener	Sarah Bell	0402 443 409
Men's Veterans	Chris Jenkins	0419 035 762
Publicity Officer	Robert Nicoll	0438 119 729
Records Officer	Donna Collier	0408 615 300
Results Officer	Helen Benari	0413 801 826
Canteen Coordinator	Gary Prowse	0401 992 520
Uniform Conveners	Charles Devine & Jo Green	0402 060 281 0407 011 842
Web Convener	Rohan Tudor	0411 127 725
North Area Delegates	John Berriman Donna Collier	0425 217 465 0408 615 300
SJHA Delegates	Jim Bissaker Katrina Richmond	0419 484 637 0403 992 083
Norwest Strikers Delegates	Brian Doughty Anne Maher Eileen Tudor	0408 966 673 0409 815 578 0402 127 763
Second Turf Committee	Pat McCabe Gary Prowse Robert Nicoll	Larry Maher Chris Jenkins
Committee Delegates	Anne Boyle Bruce Astbury	John & Kay Berriman

2nd Turf Update

This year is a very important one for building on the success of our funding for the 2nd turf. Currently we have applications in with the NSW for commencement funds. Let's all keep our fingers crossed on a positive outcome. To help make the turf a reality, we also need to get support from the wider club. Unfortunately we cannot rely on the government alone to get us over the line. We also have planned a Trivia night later this season and Bunnings BBQ's as an example. Keep an eye out also for our Sports Foundation being re-established that will allow for tax deductible donations.

Premier League Games – Norwest Strikers

After the U15s, male players move from Northern District to Norwest Strikers. Upcoming Premier League games for Norwest Strikers are:
NWS vs Southwest Strikers
 Saturday March 27th, 3:30pm at Pennant Hills Park

NWS vs Gordon/NS
 Saturday April 10th, 2:00pm at Pennant Hills Park
 These are great games for juniors to watch and learn positional play. Instead of heading off to watch professional sports on Saturday afternoon on TV, come along and support "our" premier league team for free!

Juniors who come along to the game in the club uniform receive a free Ice Cup from the canteen.

Stay informed...

There are a number of ways to stay informed with hockey:

At a Club level

* Read the District Dribble

* Visit the Clubs website

www.ndhockey.com.au

It is updated regularly with Club information, team draws, results and match reports, contacts, links, uniform information and much more.



At a Sydney level

* Visit the Sydney Hockey

Association website

www.sydneyhockey.com.au



At a State level

* Visit the Hockey NSW website

www.hockeynsw.com.au

* "Hockey NSW Enews" Receive

the free fortnightly email newsletter. Go to www.hockeynsw.com.au, then to About, then to Enews and follow the directions.



At a National level

* Visit the Hockey Australia website

www.hockey.org.au

* "Hockey Huddle" This is a fortnightly email newsletter from Hockey Australia and includes news and information on the Hockeyroos, Kookaburras, development teams, AHL, National Championships and more. Subscription is free. Go to www.hockey.org.au, to Publications, to Hockey Huddle and then "Click here to subscribe."

